# <u>CurriculuVita</u> (July 2021)



#### **Personal Data**

First name: Monireh Family name: Toosi DateofBirth: 1973.03.08 Nationality: IRANIAN Marital status: Married

#### Work Address

Midwifery Department, School of Nursing and Midwifery Nemazee Square, Zand Blvd., Shiraz, Iran Postcode: 71936-13119 P.O. Box: 71345-1359 Tel: 0098 Fax: 0098 711364774252 E-mail: Toosim\_m@yahoo.com

# I. Education

| Years | Degree                           | Institution                           | Location      |
|-------|----------------------------------|---------------------------------------|---------------|
| 2021  | PhD in Reproductive Health       | Tehran University of Medical Sciences | Tehran, Iran. |
| 2008  | Master of Science in Midwifery   | Shiraz University of Medical Sciences | Shiraz, Iran  |
| 1994  | Bachelor of Science in Midwifery | Shiraz University of Medical Sciences | Shiraz, Iran  |

## **II. Professional experience:**

| Years        | Position                   | Institution                                    | Location      |
|--------------|----------------------------|--|---------------|
| 2010-Present | Midwifery Instructor       | School Nursing & Midwifery, ShirazShiraz, Iran |               |
|              |                            | University of Medical Sciences                 |               |
| 1995-2010.   | Head of Family Health Unit | Bushehr University of medical                  | Bushehr, Iran |
|              |                            | sciences                                       |               |

## **III. Teaching experiences**:

Experience of teaching in the Department of Midwifery, Shiraz University of Medical Sciences, SHIRAZ – IRAN. 2010 to Present.

| Y      | <i>'ears</i> | Course  | University                               | Students                             |
|--------|--------------|---|--|--------------------------------------|
| 2010 - | Present.     | Family Planning course  | Shiraz University of Medical Sciences    | BSc students in Midwifery            |
| 2010 - | Present.     |   | Shiraz University of Medical<br>Sciences |                                      |
| 2010 - | Present.     | Internal Medicine and Surgery in<br>Pregnancy and Childbirth)   | Shiraz University of Medical<br>Sciences | BSc students in Midwifery            |
| 2010 - | Present.     |   |  | BSc students in Midwifery            |
| 2010 - | Present.     | e ;   | Shiraz University of Medical<br>Sciences | BSc students in Midwifery            |
| 2010 - | Present.     | Education in the Pregnancy and<br>childbirth two courses (Natural<br>Childbirth, Safe<br>PhysiologicChildbirth, and Labor<br>Pain Relief Methods) | Sciences                                 | BSc students in Midwifery            |
| 2010 - | Present.     | Pregnancy and Childbirth 3<br>course(Pregnancy and Non-natural<br>childbirth)   | Shiraz University of Medical<br>Sciences | BSc students in Midwifery            |
| 2010 - | Present.     | Mother and Child Health   | Shiraz University of Medical Sciences    | BSc students in Midwifery            |
| 2010 - | Present.     | Maternal and newborn health in nursing  | Shiraz University of Medical Sciences    | BSc students in Midwifery            |
| 2010 - | Present.     | Breast cancer management  | Shiraz University of Medical Sciences    | BSc and MSc students in<br>Midwifery |
| 2010 - | Present.     |   | Shiraz University of Medical<br>Sciences | BSc and MSc students in Midwifery    |
| 2010 - | Present.     | Workshops on Newborn Care and<br>Resuscitation conducted  | Shiraz University of Medical<br>Sciences | BSc and MSc students in<br>Midwifery |

## **IV. Honors and Awards**

1. 2015, Selected faculty member, Shiraz University of Medical Sciences, Shiraz, Iran.

2.2016, Distinguished midwife in World Midwives Day, Shiraz University of Medical Sciences, Shiraz, Iran.

3.2008, Distinguished midwife in World Midwives Day, Bushehr University of Medical Sciences, Bushehr, Iran.

- 4.ICDL course certification in 2010.
- 5. Physiological delivery course certification in 2010.
- 6. Educational planning and teaching skill course certification in 2010.
- 7. Article Writing Course certification in 2015.
- 8. Medical Professional Ethic Course certification in 2015.
- 9. Ethic in Research Work course certification in 2015.

10. Research Work course certification in Meta-analysis and systematic review in 2019.

11.1994, Second Class Honors in BSc Midwifery Program, Shiraz University of Medical Sciences, Shiraz, Iran.

12. 2008, Second Class Honors in MSc Midwifery Program, Shiraz University of Medical Sciences, Shiraz, Iran.

13. Modern medical education assessment course certification in 2019.

14. Endnote program certification in 2019.

15. SPSS program certification in 2020.

16. Electronic learning fellowship program in 2018.

17.MAXQDA program certification in 2020.

18. Smart PLS3 program certification in 2021.

## V. Membership

1. Member of Iran Forensic Medicine Organization in 1997.

2. Member of Medical Council, Iran. From 2008 up to present

# VI. Publications:

## A. Dissertations

1. Ph.D. Thesis: Evaluation of the midwifery clinical faculty program based on CIPP- model : A Mixed Method Study.

2. MSc Thesis: The effect of behavioral attachment with rel axtion training on mother attachment with fetus and infant in pregnant mothers Referring to shiraz obstetric clinics.

#### **B.Articles**

1. Zahra Moradi; Marzieh Akbarzadeh ,Parvin Moradi ; Monieh Toosi ; Mohammad Javad Hadianfard. The Effect of Acupressure at GB-21 and SP-6 Acupoints on Anxiety Level and Maternal-Fetal Attachment in Primiparous Women: a Randomized Controlled Clinical Trial. Nurs Midwifery Stud. 2014 September; 3(3): e19948.

2. Toosi M, Hemati S, Mohammadianpanah M. Breast Cancer in Pregnancy. J Isfahan MedSch 2015; 33(347):1-11.

3. Monire Toosi ; Marzieh Akbarzadeh , Farkhondeh Sharif ; Najaf Zare. The Reduction of Anxiety and Improved Maternal Attachment to Fetuses and Neonates by Relaxation Training in Primigravida Women. Women's Health Bulletin. 2014 Apr; 1(1): e18968.

4. Monire Toosi ; Marzieh Akbarzadeh , Najaf Zare, Farkhondeh Sharif . Comparison of the effects of attachment behavior and relaxation training on maternal-fetal attachment and infant in prime pregnant women. Journal of Fundamentals of Mental Health. 2014, Vol. 16, No. 2(62), P. 142-9

5. Toosi M, Akbarzadeh M, Zare N, Sharif F. The role of relaxation training in health index of infants in pregnant mothers. Journal of Jahrom University of Medical Sciences, Vol. 11, No. 1, Spring 2013.

6. Monireh Toosi, Marzieh Akbarzadeh, Najaf Zare, Farkhondeh. Sharif. Effect of Attachment Training on Anxiety and Attachment Behaviors of first-time Mothers. Hayat. 2011; 17 (3):69-79.

7. Toosi M, Akbarzadeh M, Zare N. Relationship between maternal hematologic concentration and BMI in primiparous women on some physiological parameters in neonates. Sci J Iran Blood Transfus Organ 2013;10 (1): 77-85.

8. Monireh Toosi, Leila Moaddabshoar, Seyed Ali Malek-Hosseini, Mohammad Reza Sasani, Maral Mokhtari, Mohammad Mohammadianpanah. Rectal cancer in Pregnancy: A diagnostic and therapeutic challenge. Journal of the Egyptian National Cancer Institute (2014) 26, 175–179.

9. Monireh Toosi , Mohammad Mohammadianpanah, sareh Hosni, zohreh Yosefi. Cervical cancer in Pregnancy. IJOGI, Vol. 17, No. 124, pp. 15-21, Nov 2014.

10. Marzieh Akbarzadeh , Monireh Toosi , Najaf Zare , Farkhondeh Sharif. Effect of Relaxation Training to Pregnant Mothers on Quality of life and Postpartum Blues. Original Article Knowledge & Health 2012;7(2):34-39.

11. Monire Toosi ; Marzieh Akbarzadeh , Farkhondeh Sharif ; Najaf Zare. The effect of attachment behavior training on attachment rate Mother to the fetus in primary pregnant mothers.

IJOGI.2012;15(5):15-23.

12.Akbarzadeh M, Toosi M, Zare N, Sharif F. Effects of relaxation and attachment behaviors training on Anxiety in prime Pregnant Mothers. Qom University of Medical Sciences.2012;6(4):1-11.

13. Akbarzadeh M, Toosi M, Zare N, Sharif F. Effect of learning attachment behaviors on Anxiety and maternal-fetal attachment in first pregnant women.2011;1(1):21-34.

14.Monireh Toosi, Marzieh Akbarzadeh.. The Effect of Aerobic Exercises on Maternal Outcomes: a Randomized Controlled Clinical Trial. Women's Health Bull. 2016 October; 3(4):e31337.

15.Monireh Toosi , Maryam Modarres , Mitra Amini , Mehrnaz Geranmayeh. A survey of midwifery graduates' opinions about midwifery education in Iran: a cross-sectional study. BMC Medical Education (2021) 21:340.

16.Toosi M, Modarres M, Amini M, Geranmayeh M. Context, Input, Process, and Product Evaluation Model in medical education: A systematic review. J Edu Health Promot 2021;10:199.

17. The midwifery clinical education, as a Challenging Opportunity in Midwifery Education: A Qualitative Study. Nursing Open.2021.

#### A.Books

1. ZahraGemei, Monireh Toosi .(2013) Internal surgical diseases during pregnancy (1). Takhte Jamshid Publisher, Shiraz ,Iran .

2. Monireh Toosi, ZahraGemei. .(2013). Internal surgical diseases during Pregnancy (2). Takhte Jamshid Publisher, Shiraz ,Iran.

3- Lila Kargarfard, Monireh Toosi . (2014).Internal surgical diseases during pregnancy (3). Takhte Jamshid Publisher, Shiraz ,Iran.

4-Rogaeh KHoshkholgh,ZahraGemei,MonirehToosi.(2015).Legal teachings in midwifery. Dahesh Publisher, Shiraz ,Iran.

5-MonirehToosi,ZahraGemei, Mohammad Mohammadianpanah.( 2017). Common cancers in pregnancy(Diagnosis,Treatment,Prognosis). Takhte Jamshid Publisher, Shiraz ,Iran.

#### VII. Presentations in Congress

1. The Impact of Infertility on Mental Health - 16th Infertility Congress and First International Infertility Congress.

2. The effect of relaxation exercises during Pregnancy on maternal health - National Congress on Pain Management.

3. Study of sexual disorders in young women and midwifery care-Congress of Chronic Diseases.

4. The effect of complementary medicine during Pregnancy on neonatal indices-5th National Congress of Perinatology.

5. Breast milk is the best healthy food for the baby - Urbanism and Health Congress.

6. Assessing midwifery care in menopausal sexual well-being-Congress of Education and Counseling in Reproductive Health.

7. Evaluation of physical and mental disorders in women with polycystic ovary syndrome - Congress of Reproductive and Infertility Health.

8. The effect of relaxation classes during Pregnancy on maternal health - Reproductive and Infertility Health Congress.

9. The effect of attachment behavior training on Anxiety - Reproductive and Infertility Health Congress.

10.Investigating the causes of recurrent failure in assisted reproduction - Reproductive Health and Infertility Congress.

11.Study of physical and mental disorders in adolescent girls with obesity- Congress on obesity prevention and treatment in Iran- Family factors affecting mental health.

12. The effect of relaxation on maternal health - the first new national congress of research on health focusing on complementary medicine.

13. The effect of obesity on infertility - Congress of Chronic Diseases.

14.Study the status of midwifery care and eliminate the sexual life problems of cancer patients - 9th International Congress of Obstetrics and Gynecology of Iran.

15. The Impact of Infertility on Mental Health - 16th Infertility Congress and First International Infertility Congress.

16. The causal for Repeated Implantation Failures. ROYAN INTERNATIONAL TWIN CONGRESS.

17. The Role of Relaxation Training to Pregnant Mothers on Health Index of Infant. Fourth International Congress on Women's Health.

18. Investigation of the effect of a cycle of exercises on pregnancy outcomes. Fourth International Congress on Women's Health.

19. The effect Of attachment training on maternal attachment in primiparous mothers. National Congress on Safe Childbirth.

20. The effect of relaxation training on the outcome of delivery. National Congress on Safe Childbirth.

21. The role of relaxation training on the health index of infants. National Congress on Safe Childbirth.

#### Patents:

head circumstances Digital telemetry.

#### Approved research projects:

1. Evaluation of relaxation training on the mother's level of Anxiety and attachment to the fetus and newborn in the IVF mothers.

2. head circumstances Digital telemetry.

3. The Effect of Aerobic Exercises on Maternal Outcomes.

#### IX. Research interests

1. Educational evaluation

- 2. Midwifery training
- 3. Clinical education

4. Sexual and Reproductive Health

5. Aging

6. Women's empowerment

7. Health policymaking8. Maternal and Child Health

# X. Language Skills

- 1.Persian Mother Tongue
- 2.English Reading, writing, speaking
- 3.Arabic Reading